



# NSC Newsletter

February 2013

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## Message from the Commodore

So the 2013 sailing season will soon be here. We look back on what was a great year for sailing with the Olympics and elsewhere (see later in the Newsletter) and almost a clean sweep at Newburgh (see below). That said, we are starting to see some new faces come through in the silver fleet and that combined with the planned for development of the club mean that we should have a great year ahead.

The new racing programme will be published shortly so keep an eye on the club website. We really want to get as many people involved in the club as possible so if you want to get involved or bring someone along to one of the training sessions or our Cadet Week then please do. I hope you have a great sailing 2013.

Jim Allan Commodore NSC

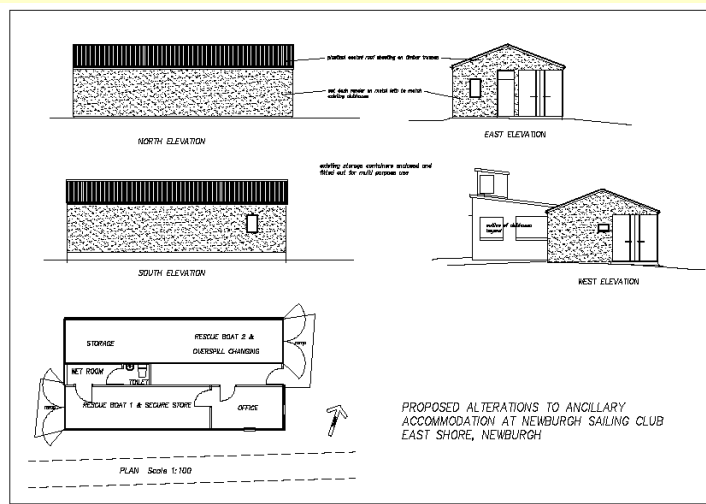
## Newburgh (Gangnam?) Style 2012

Well, 2012 was saw some more new (and not so new!) faces come to the fore in the club events. Although we didn't manage dancing Gangnam style (ask your offspring/grand offspring if unsure of what this means) in the boats we managed just about everything else. It was the year of the Wincott's with John and Jan taking nine series in the Gold fleet including the club regatta then crowning the year by becoming club Champions. They also went on to hold their trophy in Royal Tay Frostbite Series for the third year! Well done to both of them.

Whilst John and Jan had the Gold fleet wrapped up, we saw some new faces take the silver fleet silverware. Mike Spain started off by taking the Spring series from Pete Bevan but Pete got the Summer series to even things up. The big winner in the Silver Fleet was Drew Robertson who won the Cadet, Saturday and Evening Series and topped the year off with the Silver Fleet Championship. That Streaker is finally living up to its name! Chris Todd finished the year off by taking the Autumn series. Ian Cameron and Pete Low held on tightly to the 14 trophy. It must be the whisky!

Alyson Clarke continued to show the ladies (and a few of us men) how to sail taking the Reekit Lady and Jean Lauder trophy. The Reekit lady was especially memorable for me as a learning experience. I learned to get out of the way of the boom AT ALL COSTS and also that I am not as quick as I think I am (so said the nurse in A and E). Finally, I have to mention the Race to Perth and Evening Series winner. I have just forgotten who won those.....

## Updating and extending the clubhouse



Well, this year we finally hope to get the containers turned into some form of habitable unit we can use. We have had a set of plans drawn up which include storage for both rescue boats, a larger male changing room freeing up the present male facility for the Ladies changing room, a teaching room and showers and toilet for the male changing room. At the moment, we are putting in an application for a planning warrant to get the work agreed. If we are going to make this happen then we will be asking for help so watch this space.

## Get out sailing: Club Boats



We are lucky that we have a number of club boats that we can use for ourselves and to attract new members. That said, they do require to be maintained so we will be hosting some repair nights at various times in the year. As a reminder, the club has the following boats available for hire:

Oppies, Toppers, Solo, GP14's

If you would like to hire a boat then please ask a member of the committee before taking a boat out. We charge £5 per session and money should be left in the kitchen.

## Racing Rules of Sailing 2013-2016

If you are like me and consider that rules are meant to be broken then you may not be too happy to hear that the rules of sailing are changing. That said the changes are fairly minor. As part of its routine 4 yearly cycle, ISAF (the international body that runs sailing) has updated the rules of sailing for the period from 2013 to 2016.

The changes are fairly minor but it is worth checking these out especially if you want to sail at higher levels. More details on the changes can be found on the RYA website and there is a link below to a presentation that talks around what is changing.

RYA: <http://www.rya.org.uk/racing/racingrules/Pages/default.aspx>

ISAF: <http://www.sailing.org/documents/racingrules/index.php>

There is one rule that I would like to bring to everyone's attention which relates to boats sailed by club Secretaries being given right of way at all times. If you read the rules you will see it there. If not then just let me know!



## So who are the Committee?

You may well be asking. Well as they say, someone has to do it! Whilst we all enjoy the sailing from April to October, organising and supporting the various events is an around the year job. So who is who and what do they do:

Jim Allan: Commodore and also Sailing Secretary. Jim is known as the leader of the club but his other role as Sailing Secretary, setting the sailing timetable and organising racing is also very important.



Roger Horner: Vice Commodore in charge of Vice (at least I think that is what he said!) but more properly with..



Martin Ramwell (Rear Commodore) acting as support for the Commodore.

Ian Cameron: Honorary Treasurer and also RYA Chief Instructor. Ian is in charge of the money (both in and out) and the training both on and off the water. If you have any questions on how to sail or fix your boat or the sailing rules then he is the man to see.



Simon Richards Honorary Secretary Chief minute taker and email writer extraordinaire. I am also the Child Protection officer for the club.



John Hutt and David Chisholm Committee members represent member's interests on the Committee



Kathryn Spain Cadet Rep represents Cadet interest's.



The committee meets every month and discusses any issues related to the management and development of the club for our members and organizing and running events we are hosting.



We also look at purchases of equipment for the club (such as the new Rib and training boats bought last year) and liaise with external bodies (such as the RYA and other sailing groups).



If you want to find out more please feel free to ask any committee member about any matter related to the club and its operation. If you want to get more involved, just let one of us know.

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*Remember we want to bring as many people as possible into Sailing. If you know of any kids who would be interested then tell them about the Cadet Training Week 2013 and other training opportunities. Details will be on the website.*

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## Elsewhere in the Sailing World.....

### A Smashing Year For Sailing: Review Of 2012

[BELINDA BUCKLEY EPIC TV](#)

DECEMBER 31, 2012

It was all about breaking records on the water in sailing this year, as yachtsmen achieved unprecedented numbers of knots or sliced through immense stretches of ocean over the shortest times. Speeds were set high on 7 January as the Maxi [Banque Populaire V](#) smashed the Jules Verne Trophy record for the fastest non-stop crewed circumnavigation. The giant trimaran, launched in 2008 and skippered by Frenchman [Loïck Peyron](#) with British yachtsman [Brian Thompson](#) in the crew, roared around the world in just 45 days 13 hours 42 minutes 53 seconds at an average speed of 26.51 knots, covering a total distance of 29,002 nautical miles – knocking 2 days 18 hours 1 minute and 59 seconds off the record held by Maxi trimaran [Groupama 3](#) since March 2010, skippered by [Franck Cammas](#). This trophy was first awarded to the first yacht to sail around the world in less than 80 days, the award's name being a reference to the novel *Around the World in Eighty Days* by Jules Verne.

Cammas gave up one trophy, to scoop another by skippering the winning boat, Volvo Open70 [Groupama](#), in the fastest and closest edition ever of the [challenging](#) crewed round the world yacht race, the [Volvo Ocean Race](#). [Groupama](#) crossed the finish line in Galway, Ireland, on 3 July after eight epic months of extreme ocean racing. As a result of this stunning and highly dramatic performance, Cammas was crowned French sailor of the year 2012 on 11 December.

While the rock stars of professional sailing were battling it out in the Volvo, amateur international yachtsmen and women were competing in their own adventurous circumnavigation, the [Clipper Round The World Yacht Race 11-12](#). This extraordinary event for ordinary people had its most popular run, with huge crowds on the shore in Southampton, England, welcoming back the fleet of 10 boats in July after nearly a year away.



Also in July, [EpicTV Adventurer of the Year](#) nominee, [Alex Thomson](#) shattered the record for the fastest solo crossing of the Atlantic Ocean, sailing from New York to Cornwall in under nine days, wiping over 26 hours off the record held by [Bernard Stamm](#) for a decade. Thomson took third place (only the third British person to be on the podium), sailing an amazing race in [Le Vendée Globe](#). Despite losing most of his communications capacity due to broken hydro-generators, he still managed to make this speedy festive [video](#), while screaming along at 25 knots.

The summer was dominated by the London Olympics, during which British yachtsman [Ben Ainslie](#) collected a host of gold medals to make him the most successful Olympic sailor of all time, as well as scooping a millionaire's job in the JP Morgan BAR crew of the America's Cup World Series and a knighthood from the Queen. The [America's Cup](#) itself has to be the only sporting event in the world that is regularly settled in court and has rules more complicated than the US political system. In spite of such controversy, it enjoyed a good year. While the [Extreme Sailing Series](#), the adrenaline fuelled global competition which shook up the sailing world six years ago by launching regattas raced on [Extreme40](#) catamarans, had an incredible year: all crew in crash helmets and thrills and spills at glamorous locations around the world.

The fastest sailing craft on the water of all time, however, was the [Vestas Sail Rocket](#) clocking over 65 knots in November.

The year has come to an end, but the Vendée Globe is still going, won by [François Gabart](#) 20 miles ahead of his Finistère compatriot [Armel Le Cléac'h](#) in what was the hottest, most closely contested, ocean race in history, the last of the boats are still making their way home.

## And finally....if you get it right...



Sir Ben Ainslie

Quadruple Olympic gold and silver medallist

Honorary Doctor of Sport , Southampton Solent University

Four time ISAF World Sailor of the Year

ISAF 2010 World Match Racing Tour Champion

10 times Finn Class World Champion



Ben Ainslie CBE confirmed his status as Britain's most successful Olympic sailor of all time with his fourth gold medal in consecutive Olympic Games at London 2012.

His career in sailing **began at the age of eight** with his family in Restronguet, Cornwall. By the **age of sixteen Ben was Laser Radial World Champion**. Then just nineteen years old, Ben won his first Olympic silver medal in the Laser Class at the Atlanta 1996 Olympic Games. Four years later, again sailing the Laser, he achieved every athlete's dream of Olympic **gold at the Sydney 2000 Olympic Games**. **During this time, Ben faced our own Chief Instructor Ian** who was part of a protest committee at the UK Youth Championships. **Both seemed to have survived the encounter well!**

After Sydney, Ben switched from the Laser to the Finn Class. The move to the Finn meant Ben had to increase his bodyweight by 15kg to achieve the optimum weight for the class. His gruelling training programme paid off when he struck gold once again at the Athens 2004 Olympic Games.

Ben secured qualification to the Beijing 2008 Olympic Games by winning an unprecedented fifth world title, at the 2007 Finn Gold Cup in Melbourne.

Despite falling ill days before his Olympic defence, Ben showed his champion spirit and won his third consecutive Olympic gold medal. This cemented his position as Britain's most successful Olympic sailor of all time, surpassing Rodney Pattison's record of two Olympic gold medals and one silver.

In the spring of 2012, as the world began to turn their attention to London, Ben was part of the Olympic delegation who met the Olympic Torch as it arrived on BA's 'Firefly' in Cornwall and had the honour of being the first to run with the Olympic torch on home soil as it travelled across Great Britain.

At the London 2012 Games, following an exhausting victory and riveting final in the Finn class race in Portland Bay, the world's most successful Olympic sailor claimed his 4th Olympic gold medal.

Following his historic Olympic achievement, Ben had the honour of being nominated as Team GB's flag bearer for the London 2012 Olympic Closing Ceremony – 'a really proud moment' for Ben.

Days later, Ben sailed his dinghy 'Rita' up the Thames before retiring the vessel and delivering it to the National Maritime Museum in Cornwall for public display. He has now switched his intention to compete in the America's Cup with Oracle and forming his own America's Cup World series J.P. Morgan BAR. In October 2012, in only his second ACWS event Ben and J.P. Morgan BAR achieved a second placed finish. In January 2013, Ben was awarded a knighthood in the New Years honours list. Now... what can you do?