

TRAINING at Newburgh Sailing Club



Training on and off the water.

Training follows a set of guidelines as laid down by the RYA, this is because all candidates are trained to the same rigorous standards, however, the atmosphere is very relaxed.

The level 1 sailing certificate is normally achieved over one weekend. With 2 hours or so of theory in a friendly environment before taking to the water in a GP14 (pictured right) for anything up to three hours of practice tuition.

The GP14 is ideally suited to training, being a very safe and stable boat with ample room for four adults on board. The GP14 enjoys a country wide fan base, and is popular among both Cruisers and Racers alike.



The cost of learning to sail.

Surprisingly, it is not as expensive as one would think. The cost of your first weekend is £20 per day per person. (February 2009), there are no planned increases to that at the moment. Sunday brings more time spent in the classroom followed again by training in GP14's. Weather permitting and with the agreement of the students, a capsizing drill may be practiced. Although your tutor will not force you to do this if you don't want to. It is a good idea to bring old trainers (plimsolls) and a set of dry clothes to change into.



Safety.

Above all else safety is our number one concern. Dedicated rescue teams are always on hand during training, as can be seen in the picture to the left, taken during capsizing drill with a Laser Pico. The Pico's are club boats and are for the use of any members without a boat.

Clubhouse.

Our clubhouse has full cooking facilities, hot and cold running water and ladies and gents changing rooms with hot showers available in both. Tea, Coffee, Soft drinks, crisps, etc are always available, while hot filled rolls and snacks are laid on for larger events.

www.newburghsailingclub.org