

Newburgh Sailing Club - Training

Overall responsibility for R.Y.A. Training is vested in the Principal who is *John J. Cameron*.

On occasions, when the Principal is unavailable, Mr. R Horner is the nominated deputy. For Powerboat Courses Mr. R. Young is the nominated deputy.

ALL staff and students have a responsibility to ensure a safe teaching environment. Any areas of concern should be reported on the Safety Report Form – which is situated on the Training Notice board (situated beside the galley).

First Aid equipment is available in each Rescue Boat and on the West wall of the clubhouse.

A list of First Aid qualified persons is available on the Training Notice board.

All accidents should be recorded in the Accident Book which is in the metal cabinet under the race officers' table top.

All Booking Forms should have a Telephone No., Address for the next of kin and it would fall to the principal or one of the deputies to contact the next of kin in the event of a serious injury i.e. one involving the use of the Ambulance Services etc.

Sailing Safety

At any time a rescue boat should be afloat and manned prior to any sailing dinghy takes to the water. If only Topper or Pico dinghies are being used the one rescue boat MAY be sufficient (wind and tide dependant). If a mixed fleet of Topper, Pico < G.P.14, etc are deployed the second Rescue boat should also be afloat and manned.

ALL personnel on the water MUST wear a buoyancy aid complying with C.E.50 Newtons Any non-swimmers (advice available on the booking form) should be more closely monitored.

In Rescue Boats kill cords MUST be worn at all times.

If conditions deteriorate or the situation demands it then Flag C will be flown from the flagstaff ALL CRAFT MUST MAKE THEIR WAY DIRECTLY TO THE BEACH and await further instructions.

If a Powerboat or day sailing course is being run then the lead instructor must fill in appropriate form A6

All staff are encouraged to increase their qualifications.
Courses can be arranged for the following awards

Senior Instructor, Racing Instructor, Dinghy Instructor, Keelboat Instructor, Powerboat Instructor – All courses can be arranged locally if the demand justifies this.

First Aid, Radio and Club Race Officer are also available.

If you require any of the above then contact the principal directly.

In the case of fire breaking out in the clubhouse or boat storage shed, instructors will remove all personnel to the old bench at the entrance to the club grounds and take a roll call. The fire safety officer (Principal or Designate) will make all telephone calls and will be on hand to check all persons are safe. The fire safety officer will wear a fluorescent jacket to enable easy identification

It is recommended that the principal or nominated deputy ensure a mobile telephone is available during all training activities. The nearest public telephone is at the junction of Robertson Crescent and Lyall Place (across the football field and straight ahead for 60 m then turn right for 10m).