



# Newburgh Sailing Club

## SAFETY/SAILING RULES



1. All persons taking part in any boating activity should be competent swimmers and must wear buoyancy aids [50N]. Non-swimmers should wear a 100N life Jacket.
2. Boats launched from Newburgh Sailing Club should be under the control of a competent helm. Inexperienced helms should not proceed onto the water unless supervised and rescue facilities available. Experience in helming will vary depending on the conditions.
3. Although individual members are responsible for ensuring that they are competent to handle craft in prevailing conditions, any qualified sailing instructor or committee member may recommend that sailing be abandoned.
4. Any craft using the club facilities must be seaworthy.
5. Any craft using the club facilities must carry a minimum of £1 million third party insurance cover.
6. A safety boat shall be available during all club sailing activities. If the conditions are such that a manned safety boat is required on the water during the activities, the boat should be manned by an approved helm as stated on the club safety helm list. It is expected that members share this duty fairly.
7. Should sailing proceed without a permanent manned safety boat, the safety boat must be left on the beach above high-water mark in a state of readiness. Should it be required, then the nearest approved safety helm must return to the beach and assume safety duties.
8. On longer cruises, all vessels must be suitably equipped, and have a secondary means of propulsion. It is preferable to travel in company and let others know your planned route and ETA.
9. Safety boat helms must hold a minimum of "Powerboat Level 2" qualification. Safety boat helms are expected to arrive in plenty of time to check that the vessel is ready for duty as per the 'Safety Boat Checklist'. Safety boat crew should be over 16 years of age for Club "Open" events.
10. Craft must keep clear of approaching vessels. It is advisable to carry a paddle to move quickly in conditions of light wind.
11. Powerboats must stay beyond the normal sailing area. Exceptions are to be made for Rescue & Training purposes.
12. Anyone under the age of 14 shall wear a buoyancy aid within 3 metres of the water.